



GUVERNUL
REPUBLICII
MOLDOVA



DOPING CONTROL OFFICERS (DCOS)

**TRAINING AGENDA
22–24 May 2026, Chişinău,
Republic of Moldova**

(3 DAYS – OPERATIONAL FOCUS)

Day 1 – Core DCO Duties & Notification

09:00 – 09:30

Registration & Introduction

- Role of the DCO in the doping control process
- Mission: ensuring compliant, defensible sample collection

09:30 – 11:00

Session 1: DCO Responsibilities & Test Mission Preparation

- Reviewing test mission orders
- Equipment checks and kit preparation
- Coordination with Chaperones and BCOs
- Arrival at venue / locating athlete(s)

11:00 – 11:15

Coffee Break

11:15 – 13:00

Session 2: Athlete Notification (ISTI-Compliant)

- Step-by-step notification procedure
- Verifying athlete identity
- Explaining rights and responsibilities
- Continuous observation requirements
- Handling delays (medal ceremony, media, warm-down)

13:00 – 14:00

Lunch Break

14:00 – 15:30

Session 3: Chaperoning & Athlete Management

- Maintaining direct observation at all times
- Managing multiple athletes
- Preventing tampering or evasion
- Recording irregularities

15:30 – 15:45

Coffee Break

15:45 – 17:00

Session 4: Refusals, Failures & Non-Compliant Behavior

- Refusal to test
- Failure to remain under observation
- Evasion or delay tactics
- Documentation and reporting requirements
- Immediate actions by the DCO

Day 2 – Sample Collection, Documentation & Transport

09:00 – 10:45

Session 5: Urine Sample Collection (Full Procedure)

- Preparing the Doping Control Station
- Athlete selection of equipment
- Direct observation of sample provision
- Volume requirements and split (A/B bottles)
- Specific gravity measurement
- Handling partial samples

10:45 – 11:00

Coffee Break

11:00 – 12:30

Session 6: Blood Collection (DCO Role)

- DCO vs BCO responsibilities
- Athlete preparation (rest period, position)
- Safety and hygiene requirements
- Managing blood collection session logistics

12:30 – 13:30

Lunch Break

13:30 – 15:00

Session 7: Documentation & Doping Control Forms (DCF)

- Completing the DCF correctly
- Recording medications/supplements
- Athlete comments and signatures
- Common mistakes and how to avoid them

15:00 – 15:15

Coffee Break

15:15 – 16:15

Session 8: Chain of Custody & Sample Security

- Sealing procedures
- Maintaining integrity of samples
- Storage conditions
- Transport arrangements to laboratory

16:15 – 17:00

Session 9: ADAMS & Reporting

- Entering test data into ADAMS
- Uploading documentation
- Reporting irregularities and incidents
- Timelines and compliance

Day 3 – Practical Training, Assessment & Certification

09:00 – 10:30

Session 10: Practical Simulation – Notification & Escorting

- Real-life role-play scenarios
- Managing difficult athletes
- Correct communication techniques

10:30 – 10:45

Coffee Break

10:45 – 12:30

Session 11: Practical Simulation – Urine Sample Collection

- Full end-to-end procedure
- Direct observation practice (protocol-based)
- Handling partial and insufficient samples
- Completing DCF in real time

12:30 – 13:30

Lunch Break

13:30 – 14:45

Session 12: Practical Simulation – Full Mission Scenario

- From arrival to sample dispatch
- Multiple athletes / time pressure scenario
- Identification of errors and risks

14:45 – 15:00

Coffee Break

15:00 – 16:15

Session 13: Assessment & Evaluation

- Written test (ISTI procedures for DCOs)
- Practical competency checklist
- Scenario-based decision-making

16:15 – 17:00

Certification & Closing

- Individual feedback
- Certification of qualified DCOs
- Next steps (shadow missions / probation period)